

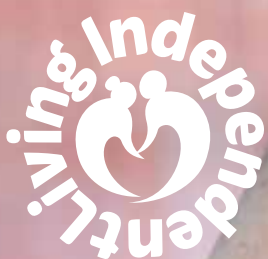


Broxtowe
Borough
COUNCIL

Broxtowe

Independent Living Service

Support • Socialising • Quality Apartments



www.broxtowe.gov.uk

**Retirement
doesn't have to
mean slowing
down**



Broxtowe's Independent Living Service is all about making life easier.

It enables you to live as independently as possible in your home, whilst you enjoy everything retirement has to offer.

- A feeling of being safe and secure, without the burden of having to maintain a larger property on your own.

Moving in to one of our quality apartments gives you peace of mind with:

- Support on hand when you need it.
- A packed programme of social activities.

If you're aged 60 and over, read on to find out more about the new way of life you could enjoy in Broxtowe Independent Living.



What's it like to live in Independent Living in Broxtowe?

Support

We have a team of friendly, enthusiastic and professional staff on hand to help you maintain your independence.

Everyone is different so we take a flexible approach which is tailored to suit your needs.

You'll have a dedicated Independent Living Co-ordinator who will complete an I-Plan with you when you first move in. Your needs are at the centre of the I-Plan which will help us to identify areas in which you may require support to enable you to stay independent in your own home. The I-Plan will

also identify your care needs and any money management or benefits advice you may require.

The I-Plan also focuses on what social activities you might like to get involved in and how they can help you to settle in to your new home. The Independent Living Co-ordinator will be in regular contact with you and update your I-Plan at least every 6 months.

The Independent Living Co-ordinator will not be based at your scheme, but help is always available by calling



one of our dedicated Independent Living numbers during office hours. In an emergency, you will have access to help by using the 24 hour alarm service which is accessible in your own apartment and throughout the scheme.

If you currently receive additional care and support it may be possible for this to be provided once you move into Independent Living, or alternatively we can help to signpost you to the support you need.

Mrs Kemp, 86, recently moved into Southfields Court, Chilwell after attending an Open Day at the Scheme.



"Everyone has been friendly and welcoming and the Independent Living Co-ordinator has been very helpful. My flat is very nice and comfortable and I have more or less everything I need."

"I'm going to settle in nicely"

I wasn't local to the area, but I'm close to my family now, who are pleased to have me nearby. It was a big decision to move from my bungalow, but after time to adjust I think I'm going to settle in nicely. I'm looking forward to joining in with activities and getting to know my new neighbours."

Socialising

Our schemes have a real neighbourhood feel so no one ever feels like a stranger.



There's a whole range of social activities you can get involved in. There's no pressure though – you can participate as much or as little as you like.

From fun fitness sessions, memory lane discussions and games clubs to crafting activities, we have two dedicated Activities Co-ordinators who will meet with you to understand the activities you would like to get involved with.

“Social activities keep me young”

Glenyis Stokes, Yvonne Culley, Norah Mellors and Pat Bennett attend fitness classes at Cloverlands Court, one of the Council's Independent Living Schemes

“Living on your own can be lonely so the classes are great for being able to chat with other people and we've already seen an improvement on our physical fitness, with less aches and pains.”



They will organise a range of events and social sessions to help you enjoy your retirement as long as possible by keep fit and healthy and socialising with other residents. Residents also get together to organise their own activities from trips to the seaside to meals out.

We also see lots of friendships blossom and there are plenty of

communal facilities where you can meet up for a tea or coffee, enjoy your hobbies or make the most of our beautiful communal gardens. There's even a mobile hairdresser who visits some of our schemes!

Friends and family are free to visit you and can also stay overnight in one of our guest rooms for a small charge.



Quality apartments in great locations

Our Independent Living apartments are purpose built to meet the needs of older people.

With a mixture of spacious apartments and bungalows grouped together to give a real neighbourhood feel.

In addition to your weekly rent, we charge a support charge, which provides the following benefits:

- Self-contained accommodation - including kitchen, bathroom, living and separate bedroom area.
- Personalise – you decorate and furnish your apartment to your own personal taste.
- Feeling safe and secure – each apartment or bungalow has an alarm so you can contact a 24 hour call centre for immediate assistance. All residents are also given a pendant to wear in your home and garden which connects to the alarm service.





- Repairs – we are responsible for undertaking all repairs to your home, so you don't have to worry about finding a tradesperson to undertake a repair.
- Laundry rooms – many of our schemes have communal laundry rooms with washing machines and drying facilities are available for personal use at no extra cost.
- Home improvements – we regularly undertake improvements to kitchens and bathrooms, as well as the communal areas.
- Communal space – many of our schemes have beautifully maintained gardens, we also have communal lounges with excellent kitchen facilities and hobby rooms for you to indulge that passion!

*“Comfortable, clean
and welcoming”*



Quality apartments in great locations

- Accessibility – some of our schemes have lifts so are fully accessible and designed with making mobility as easy as possible.
- Local facilities – Many of our schemes are close to local amenities such as shops, GP surgeries and public transport.



- Designated parking – is available at some schemes, including scooter storage.
- Communal areas are cleaned on a regular basis and to a good standard.

We have a wide variety of schemes, so there is one to suit all tastes.



The local area



There's plenty to do nearby if you want to get out and about too.

As well as nearby towns of Beeston, Eastwood, Kimberley and Stapleford with a range of independent businesses, Nottingham and Derby City Centres are both easily accessible by car or public transport.



If you like the great outdoors, the Borough boasts 15 local nature reserves and has a rich history with plenty of local groups and societies to get involved in.





Want to know more?

To qualify you must be over 60 or over 55 and in receipt of DLA/PIP benefit. You can still apply if you own your own home although we would expect you to sell your home once you moved in.

If you are interested in moving to an Independent Living property please apply online or contact our dedicated Lettings Team on **0115 917 3347** who will be able to assist with your application.

We often hold "Open Days" which provides prospective customers with

a chance to visit a scheme, meet other residents, view an apartment and take part in one of our exciting activities. If you would like to register an interest in attending an Open Day please email **homesearch@broxtowe.gov.uk**.

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