**WHAT ARE WE DOING IN BROXTOWE**

**Make A Stand**
The Council has signed up to the Chartered Institute of Housing's pledge to “Make A Stand” and committed to supporting people experiencing domestic abuse.

The Make A Stand pledge focuses on four key areas:

1. Put in place and embed a policy to support residents who are affected by domestic abuse.
2. Make information about national and local domestic abuse support services available online and in other appropriate places so that they are easily accessible for residents and staff.
3. Put in place a HR policy, or amend an existing policy, to support members of staff who may be experiencing domestic abuse.
4. Appoint a champion at a senior level in our organisation to own the activity to support people experiencing domestic abuse.

[www.cih.org/makeastand](http://www.cih.org/makeastand)

**White Ribbon Campaign**
The Council is a White Ribbon Accredited local authority, working to end male violence against women. We’re helping to promote the message that men must never excuse, commit or remain silent about male violence against women.

At Broxtowe, we have developed an action plan which includes working with local groups, employees, Elected Members and partnership organisations to raise awareness of Domestic Abuse and the White Ribbon Campaign.

[www.whiteribbon.org.uk](http://www.whiteribbon.org.uk)

---

**SUPPORT**

If you need help or advice there are a range of organisations that can help:

**Juno**  [www.junowomensaid.org.uk](http://www.junowomensaid.org.uk)
Call their free 24 hour helpline 0808 800 0340 for advice.

**Broxtowe Women’s Project**  [www.broxtowewomensproject.org.uk](http://www.broxtowewomensproject.org.uk)
Call a specialist worker on 01773 719 111 (please note this is not a 24 hour number).

**Equation**  [www.equation.org.uk](http://www.equation.org.uk)
If you are a man in Nottingham aged 16+ or in Nottinghamshire aged 18+, please call 0115 960 5556 to talk through your situation in confidence.

**Midland Women’s Aid**  [www.mwa.org.uk](http://www.mwa.org.uk)
Provide safe housing in their refuge accommodation, support and childcare services. Contact on 0300 302 0035 or email support@mwa.org.uk for further information.

**National Women’s Aid**  [www.nationaldomesticviolencehelpline.org.uk](http://www.nationaldomesticviolencehelpline.org.uk)
Call the 24 hour helpline on 0808 2000 247 run in partnership between National Women’s Aid and refuge.

**Men’s Advice Line**  [www.mensadviseline.org.uk](http://www.mensadviseline.org.uk)
Call their confidential helpline for men experiencing domestic violence from a partner or ex-partner on 0808 801 0327.

**Galop - National LGBT + Domestic Abuse**  [www.galop.org.uk/domesticabuse](http://www.galop.org.uk/domesticabuse)
Provide emotional and practical support for LGBT+ people experiencing domestic abuse by contacting 0800 999 5428.

**Childline**  [www.childline.org.uk](http://www.childline.org.uk)
If you are a child or young person up to the age of 19, please call on 0800 11 11.

**IF YOU ARE IN IMMEDIATE DANGER PLEASE CALL THE POLICE ON 999.**

---

**DOMESTIC ABUSE**

[www.broxtowe.gov.uk](http://www.broxtowe.gov.uk)
Is your relationship abusive?

As well as the signs of physical violence, there are some other ways that you can tell if a relationship is abusive. If you answer yes to one or more of these questions your relationship may be abusive.

• Do you ever feel controlled and unable to do the things you enjoy, or see the people you like to spend time with?
• Are you constantly receiving text messages, phone calls or emails asking about your whereabouts or what you are doing?
• Do you ever feel frightened?
• Are you regularly put down or belittled?
• Do you feel that unreasonable demands are made of you?
• Are you regularly criticised?
• Are you able to have an equal say in making decisions that will affect you or your children?

If you feel that you would like to talk to someone about your relationship, there is help available. There are details of organisations that can help on the support page overleaf.

If you are in immediate danger please call the police on 999.

www.broxtowe.gov.uk