



Broxtowe matters

Summer 2022

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Beeston Light Night

The streets of Beeston were lit up with colour and music in January for the town's first ever Light Night, which was enjoyed by hundreds of residents across the whole Borough and beyond.



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Introduction

In the months since our last edition of this newsletter, Broxtowe has continued to be a place of growth, investment and most importantly, community.



Ruth Hyde OBE

In Stapleford, our £21m Towns Fund projects continue to progress well, with our £1m Town Centre Recovery fund recently reopened to high street businesses in the town centre to aid their recovery from the pandemic. You can read how one business has utilised this funding on page 18.



Councillor Milan Radulovic MBE, Leader of the Council

Beeston Town Centre has also seen a wave of new businesses moving in to join the Arc Cinema, including Ottimo and The Beeston Social, as part of the Beeston Square regeneration scheme. Towns Fund bids for Eastwood and Kimberley are progressing well and we look forward to sharing more details about these soon.



Councillor Steve Carr, Deputy Leader of the Council

Five, one bedroom homes have just been completed for ex service personnel to help them adapt to civilian life and nine former Council houses have been added back to the Council's housing stock in the last year. Planning permission was gained to develop five units of accommodation on a site already owned by the Council, with another site purchased with a view to developing 15 additional units of accommodation for rent or shared ownership to add to the housing stock is in the legal process. The Council collected 100.9 % of the value of Council house rent due, meaning we have made further strides in reducing overall former rent arrears and there have been no evictions during 2021/22.

In April, we held our first Green Festival to help support residents to live a greener life. You can read more about our upcoming Festival events on page 7. We've also been delighted to see that Broxtowe residents have regularly topped the leaderboard in the Nottinghamshire Green Rewards app thanks to their commitment to becoming more environmentally friendly. More information about the app and how you can get involved is available on page 6.

Many people are facing difficult times at the moment as the cost of living rises. The Council works with some excellent partner organisations to help support people who are experiencing financial difficulties or mental health issues. If you or someone you know needs support, you can find the details of these organisations on page 22.

Finally, after the social restrictions during the pandemic, it is wonderful to see many community events taking place up and down the Borough to mark the Queen's Platinum Jubilee. From schoolchildren and their parents to stories from those who can remember the Queen's coronation, the celebrations are a testament to the strength of community spirit in our Borough. There is a host of events coming up over the summer for you to enjoy – including the Freedom Parade on 22nd June, play days and outdoor cinema - read on for more details.

Welcome to the new Mayor of the Borough of Broxtowe 2022/23



Councillor David Grindell

David was born in Gosport, Southampton and later moved to Plymouth to attend school, before going on to train with the NHS.

After years of working in Bristol, Newcastle, and Manchester he became an Employment and Training Officer working in Mansfield and then moved to Stapleford in 2003.

In 2005, David became a Councillor representing the Stapleford South East Ward on Stapleford Town Council and first elected to Broxtowe Borough Council in 2011. David was the Town Mayor of Stapleford twice and has a passion for the area and its people. He's been involved and supported St Helens Church, Dig-In Community Allotment, Disability Forum, Stapleford Combined Services Club, and Stapleford Community Group to name just a few.

David also supported the Royal Marines Association and was instrumental in bringing the Walter Parker VC Memorial Plaque to the Town Square.

More recently David has been a member of the Executive Board as part of the Stapleford Town Fund, which received £21.1 million in funding from the Government. This will see six projects take place including the refurbishment of Stapleford Library, a new Youth Club and Community Pavilion.

David has two grown up children, four grandchildren and one great grandchild.

It has been David's aim to become Mayor of the Borough of Broxtowe and he will be working with Mental Health in the community of Broxtowe based in Middle Street, Beeston. He will also support The White Ribbon campaign to end all violence towards women.

David hopes to attend many events, especially around Her Majesty the Queen's Platinum Jubilee so please introduce yourself and get in touch via the Broxtowe website and complete the online request form if you would like the Mayor to attend your event at www.broxtowe.gov.uk/civic.

Mayor's Charity

David has chosen to support Beeston Community Resource CIO charity who manage The Middle Street Resource Centre (MSRC) in Beeston as his chosen charity for his Mayoral year. Middle Street is celebrating its 50th year of supporting mental health in the Beeston community.



As a community venue with a focus on mental health support, MSRC reflects a shift toward a more open and integrated approach to mental health. The café and gardens are open to the public from Monday to Friday and there is a variety of support and social activities available to people.

Throughout the year there will be several events to celebrate and raise funds.

If you would like any more information you can contact Middle Street Resource Centre via admin@beeston-community-resource.org or 0115 925 2516.

Support the Mayor's charity

As well as attending the charity events, you can also show your support to the Mayor's charity by organising your own event and getting your friends and colleagues to sponsor you.

If you are unable to attend one of the Mayor's charity events, you can still make a donation to the chosen charities by contacting the Civic Office on

e civic@broxtowe.gov.uk

t 0115 917 3701

w www.broxtowe.gov.uk/mayorscharity

Advanced Eye Exams for

- AGE RELATED MACULAR DEGENERATION (AMD)
- GLAUCOMA ● POOR SIGHT

By Dr. S A Janjua BSc(Hons) MCOptom DOptom Prof Cert Glau Prof Cert LV
 Prof Cert Med Ret DipSV Director & Doctor of Optometry

Brand new, state-of-the-art equipment at John Flynn Opticians in Beeston is now facilitating the very best diagnostic capabilities to ensure the best eyecare in the country. Optometrist Dr. Janjua's new equipment provides hospital-standard insight into your health and is one of just a handful of such machines anywhere in the UK...

Foresight. Hindsight. Insight. It's quite clear how much importance we place on sight. We've all come to recognise that a first-class optometrist will not only make your vision sharper, as a result of the prescription they determine you need, but will also help to assess your overall health, using your eyes to as an indicator of your general health. As eye-care technology has finessed, some optometrists have invested in decent technology, but some diagnostic equipment remains the preserve of dedicated eye-care departments in specialist hospitals such as Moorfields, Manchester Royal Eye Hospital and Nottingham's Queens Medical Centre. Those specialist facilities and teaching hospitals have previously been able to boast the best diagnostic technology, which High Street opticians could only look upon with envy... that is, until now. Beeston's **John Flynn Opticians**, established in 1938, recently took delivery of its new Heidelberg Spectralis machine which is – without exaggeration – the best OCT scanner available for any eye-care practitioners and one which most dedicated hospital eyecare departments would covet. It's one of just a handful of machines here in the UK and as Dr. Janjua says, it's the gold standard for dedicated eye hospitals, let alone a High Street optician, providing him with unprecedented accuracy and clarity when making a diagnosis.

An OCT (Optical Coherence Tomography) machine is used to take a 3D scan of the eye to allow a specialist to assess the health of the optic nerve, macular and to detect and monitor the progression of conditions like age-related macular degeneration (AMD) and glaucoma. **John Flynn Opticians'** new machine, though, builds on this technology to create 4D imagery accurate to just a single micron – one hundredth of the width of a human hair.



Above: **John Flynn Opticians new Heidelberg Spectralis OCT machine is one of the few in the UK, and is best in class, offering hospital-standard diagnosis of eye health for the optician's patients.**

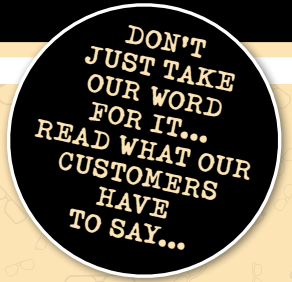
The system also uses artificial intelligence to track the exact position of successive scans, overlaying them precisely to check changes over successive months or years. Fast, contact-free and painless, the system can also send images to hospital departments for other clinicians to review in the event of a referral.

"We can use the technology to examine tiny details that help us to detect eye disease at the earliest stages, reducing the risk of sight loss and improving our patients' lives," says Dr Janjua.

Naturally technology is nothing without expertise, and so Dr. Janjua is committed to interpreting the results of a scan and explaining findings in an accessible way. With the highest quality diagnostic information comes the most accurate prescription, and alongside the very best ophthalmic lenses from across the industry – Zeiss, Nikon and Hoya – the practice's state-of-the-art equipment is crucial, but only when used alongside the very best diagnostic skill and the provision of quality ophthalmic lenses and luxury frames.

The result is great service, clear vision and true peace of mind; a holistic service that's clearly better at providing quality eyecare.

John Flynn Opticians provides eye examinations, prescription eyewear and contact lenses from its practice on **Devonshire Avenue, Beeston, NG9 1BS**, call **0115 925 5051 / 0115 939 2421** or see **www.johnflynnopticians.co.uk**.



"Just picked up my third pair of specs from Flynn's. I've used them for years and cannot fault them, from the excellent care with my sight test to Annette and Wendy who are on hand to advise, make sure your specs fit and sit properly and just generally make you feel welcome. Nothing is too much trouble. Thank you all. Until my next visit."

E. Taylor

"I cannot speak highly enough of Dr Janjua and all his team at Flynn Opticians in Beeston. Due to wrong prescriptions in the past going to him changed my life. Not only do you get the best product on the market and expert advice, everybody is so helpful and kind. I would not go anywhere else."

J. West

"I'd heard that the glasses were great quality and the service was great at John Flynn Optician. The staff have been very helpful and gave me all the facts I needed. I love the personal touch and that you don't have to ask for help – it's just given. I love my new glasses – the style, the colour, the quality – everything. Dan and Annette have been brilliant from the minute I walked in the door. They are very friendly and provided perfect service in every way. I will be coming back and will share my experience with others."

L. James



Purveyors of Luxury eyewear since 1938 ● Clinical Eyecare ● Quality Eyewear



Open Monday to Friday from 9am to 5:30pm. Saturday 9am-5pm

John Flynn Opticians welcomes the registration of new patients and parking is available in the practice's own car park.

Telephone 0115 925 5051 / 0115 939 2421 to make an appointment.
enquiries@johnflynnopticians.co.uk www.johnflynnopticians.co.uk

Want to stay up to date with the latest news and arrivals? why not follow us on **Instagram** and **Facebook @johnflynnopticians**

0115 925 5051
0115 939 2421





greenrewards

Green Rewards is a project that aims to encourage residents of Broxtowe to reduce their carbon emissions, by rewarding positive actions.



It is a web platform and app, where you can sign up for a free account and log your carbon reducing actions to earn 'Green Points'. Each month there are prizes for the individuals that earn the most Green Points

Green Rewards introduces people to greener habits by encouraging them to record carbon-cutting activities in a way that is fun and easy. Users can generate 'Green points' by:

- Completing quick surveys on actions such as recycling and washing at lower temperatures.
- Taking part in quizzes.
- Watching short videos.
- Logging how you've travelled, where you've shopped locally and more.
- Uploading photos of wildlife and any plants or food you've grown yourself.

Green points can then be exchanged for vouchers and biodiversity prizes. There are two winners chosen for vouchers every month - one who has earned the most points and one who is picked at random to give people more of a chance of winning.

Free Trees

The Free Tree programme is part of the Council's Green Futures and Climate Change Campaign and is one of many initiatives that will help tackle Climate Change. This year though we are changing the application process, so in order to automatically qualify for your free tree, your household must have signed up as a member of the Green Rewards scheme.

Residents will be able to register for their free trees in October and further detail will be provided late summer.



Sarah is a Green Rewards user living in Broxtowe who won a voucher for being December's top points earner – she says "I downloaded the Green Rewards app because I am passionate about reducing my carbon footprint. I frequently recycle and grow my own vegetables. The app is very user-friendly and has encouraged me to repurpose more."

How do I sign up?

Go to <https://notts.greenrewards.co.uk> and click the 'Activate Account' button. You will need to enter your home postcode and an email address to take part.

You can also download the Green Rewards app for iOS or Android – search for "Notts; Green Rewards" in your device's app store, or scan the QR code at the bottom of this page using the camera on your smart phone and follow the same activation process.





Broxtowe Green Festivals

As part of the Green Futures programme and working in partnership with local groups, Broxtowe Borough Council are holding a series of free 'Green Festival' event.

Come along and get tips and advice on how you can live a "greener" life including:

- Recycling
 - Composting
 - Climate Change
 - Wild flowers
 - Biodiversity
- and so much more!

BROXTOWE GREEN FESTIVALS 2022

EASTWOOD
Colliers Wood
18th June 2022
12.00 - 3.00pm

STAPLEFORD
Pasture Road Recreation Ground
6th August 2022
2.00 - 3.00pm

KIMBERLEY
Hall On Wong
24th September 2022
12.00 - 3.00pm

For more information visit www.broxtowe.gov.uk/greenfestivals



The council now have **8 ELECTRIC VEHICLES**

Replacing 8 diesel vehicles with electric will prevent over 11 tonnes of carbon from being emitted every year

Green Futures

In 2020/21, the Council emitted **3,103 tCO₂e***

*Council's own operations

Which is a **14%** reduction compared to the previous year

The reduction in carbon is enough gas to fill **500 hot air balloons**

Green Futures

In 2021/22 the Council planted **3,357 trees**

Over five years, these trees will grow to fill an entire football pitch

Green Futures





Beeston Light Night

From fire spinning and samba bands to neon artwork and light-up sea creatures, the streets of Beeston were lit up with colour and music in January for the town's first ever Light Night.

Designed to bring a touch of sparkle to the town during the long winter months, the event saw the unveiling of a brand new piece of artwork – a neon sign at the tram interchange which reads '#AlightinBeeston'

Some of the highlights included:

- An LED sculpture workshop.
- Nottingham Samba Collective.
- Circus-themed performers.
- A video and light installation in the Parish Church.
- A torchlight parade from Beeston Rylands along the canal.
- Fire spinners.
- Giant light-up sea creature puppets.
- A display of neon motivational signs in the Square.

Local resident Jeanie Barton organised the event, with support from Broxtowe Borough Council. She said "It was wonderful to see so many people on the streets of Beeston enjoying all the installations. So much hard work went in to planning and running the event so a huge thanks goes to all the volunteers who made such an effort to help out. I hope it can continue to be part of Beeston's annual calendar for years to come."

You can watch a video of the event at <https://bit.ly/beestonlightnight>
All pictures and video provided by <https://www.tylerscope.co.uk/>





Tree Planting to Celebrate Platinum Jubilee



The former Mayor of Broxtowe, Councillor Richard MacRae led two tree planting ceremonies back in February to show Broxtowe Borough Council's support to the Queen's Green Canopy initiative.

The Queen's Green Canopy is a unique tree planting initiative created to mark Her Majesty's Platinum Jubilee in 2022. The project which invites people from across the United Kingdom to "Plant a Tree for the Jubilee".

The Mayor was joined by children from Fairfield Primary Academy at Queen Elizabeth Park in Stapleford to plant seven oak trees, one for each decade of the Queen's reign.

In the same week, children from Florence Nightingale Academy and the then Mayor of Eastwood, Councillor Susan Bagshaw, helped Councillor MacRae plant seven more oak trees, at Coronation Park in Eastwood.

The trees will create a legacy in honour of the Queen's leadership of the nation, benefitting both the environment and visitors to the two parks for many years to come.

Oak trees were chosen as historically they have symbolised royalty, patriotism



and strength. Their greatest feature is nurturing wildlife. They are a haven over 2,000 wildlife species, providing vital spaces to eat, shelter and breed.

Freedom of Broxtowe Borough Parade

An Honorary Freedom of the Borough Parade for the Army based at Chilwell Barracks, and supporting Regiments, will be taking place in Eastwood on Wednesday 22 June 2022 from 1.30pm.

The parade is a very special occasion for Eastwood; everyone is encouraged

to attend. The timing of 1.30pm start will allow local schools to be able to attend and let the young people of the town witness this memorable event.

Residents and businesses are encouraged to line the streets to give the troops a rousing welcome as they parade through the town.

The event is being organised by Broxtowe Borough Council in conjunction with the Royal British Legion, Leisure and Eastwood Town Council.

For more information, contact the Civic Office on civic@broxtowe.gov.uk





Nottinghamshire Carers Association

About Us

In the last few years, unpaid carers across the country are continuing to face new challenges as a result of the COVID-19 pandemic. Many people are taking on more caring responsibilities for their relatives and friends who are disabled, ill or older and who need support.

There are two key organisations involved in supporting Carers in Nottinghamshire: TuVida Nottinghamshire Carers Hub, and us,

Nottinghamshire Carers Association.

Nottinghamshire Carers Association works with organisations, education providers and health and social care professionals to raise awareness of unpaid Carers, their needs and entitlements, and how to best support them.

From our experience an unpaid Carer will wait an average of three years before asking for help or support and by that time can often be in crisis. This

also means Carers are missing out on support and benefits within this early period. Carers deserve to be better informed and prepared to care for their family and friends.

We need Health professionals, Schools, employers and organisations across Nottinghamshire to actively join us in finding “hidden” Carers; giving a clear pathway of signposting and support.



More about what we do

All our services are free of charge to any organisation.

Our **GP Liaison Service** works with GP surgeries and Healthcare professionals to promote more “Carer friendly” practice within GPs practices and other frontline health services. We are already working with GP practices in Broxtowe and 7 practices have received our Carer friendly Quality Mark.

Ask in your medical practice for more information about how to register as a carer or ask to speak to the practice Carers Champion.

Our **School Liaison Service** offers support to help schools identify young carers. Raising awareness of young carers across schools is paramount so their needs are met their welfare protected, and to ensure that young carers are not disadvantaged by their role.

In Broxtowe we are already working with several schools including; Sunnyside Spencer Academy, George Spencer Academy, The Becket School, Fairfield Spencer Academy and The Kimberley School.

Our **Carers in Employment Service** supports and encourages organisations to become accredited Carer Friendly Employers. The outcome of which is a better

understanding of the challenges faced by those staff who are struggling to juggle their caring responsibilities alongside their employment. The organisational benefits range from improved recruitment and retention, improved sickness and absences, savings on training costs along with improved staff morale. The Carers in Employment support package is suitable for all organisations, from major employers to SMEs. Broxtowe Borough Council has made a commitment to support the unpaid carers in its workforce by signing the Carers in Employment Pledge and is working towards Carer Friendly Employer accreditation.

Our Carers Engagement Service works closely with community organisations across Nottinghamshire. Our aim is to raise awareness of Carers who might use that organisation and support the staff to know how to help make their organisation Carer friendly. Diane Naylor is our Community Engagement Worker, covering the Broxtowe area. diane.naylor@nottinghamshirecarers.co.uk

All our services offer training, resources for staff and Carers, and information and guidance for signposting. We award Carer friendly Quality Marks to all organisations,

schools and surgeries who are actively working to support carers.

Anyone can be a carer. Our aim is to make sure that Carers find their way to the right support, no matter who they talk to. We are happy to work with any organisation so please get in touch.

Carers Space Notts

Carers Space Notts is a new venture. It's a monthly online meeting for carers, professionals and council officers to come together and work on understanding and developing services to meet carers' needs. If you're a carer, or someone working with carers who'd like to hear more, please visit:

www.nottinghamshirecarers.co.uk/carersspacenotts

Email: carersspacenotts@nottinghamshirecarers.co.uk

Or find us on social media @ [carersspacenotts](https://www.instagram.com/carersspacenotts)

If you'd like to find out more about any of our services, email us at: info@nottinghamshirecarers.co.uk

Or check out our website: www.nottinghamshirecarers.co.uk

If you are an unpaid carer, you can access support and guidance via TuVida Nottinghamshire Carers Hub on - **0115 824 8824**, visit www.tuvida.org/nottinghamshirehub or email nottinghamshirehub@tuvida.org

Have a spectacular summer and beyond with

Leisure Events

For further information visit www.lleisure.co.uk/events



Gin & Jubilee event The D.H. Lawrence Birthplace Museum	Thursday 2 nd June 2022	6pm - 9pm
Hemlock Happening Bramcote Hills Park	Saturday 4 th June 2022	1pm - 10.30pm
Wellbeing Walk The D.H. Lawrence Birthplace Museum	Thursday 7 th June 2022	10am - 11.30am
Carer's drop-in event The D.H. Lawrence Birthplace Museum	Thursday 7 th June 2022	1pm - 4pm
Wellbeing Walk The D.H. Lawrence Birthplace Museum	Tuesday 5 th July 2022	10am - 11.30am
Stapleford Play Day Hickings Lane Recreation Ground	Monday 1 st August 2022	12pm - 4pm
Wellbeing Walk The D.H. Lawrence Birthplace Museum	Tuesday 2 nd August 2022	10am - 11.30am
Eastwood Play Day Coronation Park, Eastwood	Wednesday 3 rd August 2022	12pm - 4pm
Chilwell Play Day Inham Nook Recreation Ground	Friday 5 th August 2022	12pm - 4pm
Kimberley Play Day Kimberley School Field	Tuesday 9 th August 2022	12pm - 4pm
Mini Reel outdoor cinema Jubilee Park, Eastwood	Thursday 11 th August 2022	12pm - 6pm TBC
Mini Reel and Reel Outdoor cinema Pit Lane Rec Area (Trowell FC football pitches)	Friday 12 th August 2022	12pm - 10pm TBC
Mini Reel and Reel Outdoor cinema Colliers Wood, Moorgreen	Saturday 13 th August 2022	12pm - 10pm TBC
Mini Reel and Reel Outdoor cinema Lanes Recreation Ground, Awsworth	Sunday 14 th August 2022	12pm - 10pm TBC
Mini Reel outdoor cinema Beeston Fields Recreation Ground	Monday 15 th August 2022	12pm - 6pm TBC
Mini Reel outdoor cinema Ilkeston Road Recreation Ground, Stapleford	Tuesday 16 th August 2022	12pm - 6pm TBC
D.H. Lawrence Festival launch The D.H. Lawrence Birthplace Museum	Friday 2 nd September 2022	4pm - 7pm
Museum Open Day The D.H. Lawrence Birthplace Museum	Thursday 8 th September 2022	10am - 4pm
Gin & Gaslight The D.H. Lawrence Birthplace Museum	Friday 30 th September 2022	7pm - 9pm
Wellbeing Walk The D.H. Lawrence Birthplace Museum	Tuesday 4 th October 2022	10am - 11.30am
Gin & Gaslight The D.H. Lawrence Birthplace Museum	Friday 14 th October 2022	7pm - 9pm
Pumpkin Carving The D.H. Lawrence Birthplace Museum	Monday 24 th October 2022 - Wednesday 26 th 2022	10.30am - 12.30pm and 1.30pm - 3.30pm
Eastwood Spooktacular Coronation Park, Eastwood	Friday 28 th October 2022	6.30pm - 8.30pm
Stapleford Christmas Lights Switch On Walter Parker VC Square & Victoria Street Car park	Saturday 26 th November 2022	4.30pm - 6.30pm
Eastwood Christmas Lights Switch On Nottingham Road	Tuesday 29 th November 2022	6pm - 8pm
Beeston Christmas Lights Switch On Beeston Square, High Road & Foster Avenue Car park	Saturday 3 rd December 2022	4.30pm - 6.30pm



New Accommodation for Ex Service Personnel in Stapleford

Five new one bedroom homes have been completed for ex service personnel on the Council's housing register.

The flats were built by local firm, Vaughndale Construction Limited and have been built as part of the Council's Housing Delivery Plan.

The homes at Tom Martin House, have been named after the late Tom Martin who had been in Stapleford for only three months when war broke out. He enlisted in 1940 and went on to be awarded the French military decoration the 'Croix de Guerre'. He served throughout the Africa campaign from El Alamein to Sicily and went to France on the day following D-Day. He then served in Belgium and Holland and took part in the battle for Germany. Tom later returned to Stapleford, serving residents as local Broxtowe Councillor, Mayor for Stapleford and Broxtowe and then became an Honorary Alderman of Broxtowe Borough.

The new homes have secured a By Design rating of Gold for their safety and security and include off street parking and a secure, communal garden.

They also have good green credentials including showers rather than baths to aid in reducing water consumption, excellent insulation and are fitted with an air source heat pump and solar photovoltaic panels.

One of the new tenants said, "Moving in to one of the new flats has given me security and stability in relation to my disability and whether I may not be able to work in the future. I have moved around a lot and this flat now allows me to hope that this will be the last property I will live in and gives me that future where I can put my roots down. Living with other ex-service personnel has given it a family feel to living here."





Lifeline

Giving you a lifeline- 24-hour support, when you need it from as little as £3.93 a week



What is Lifeline?

Lifeline provides round the clock support through a unit which plugs into your telephone socket. It also includes a discreet alarm which you can wear either as a pendant or wristband.

Who is Lifeline for?

Lifeline is not just for medical emergencies; it can also give your loved one's reassurance that your personal safety is being monitored every day.

Lifeline can support:

- Older people
- People with disabilities including dementia and epilepsy
- People who have recently returned from hospital
- People who are at risk of falls
- People who are worried about safety and security

How does Lifeline work?

The lifeline unit has in built microphones so when you press the button you are connected to the Control Centre. Your pendant or wristband is wirelessly connected to your Lifeline home unit and enables you to generate a call for help from anywhere in your home or garden. When you make contact with a Control Centre Operator they will arrange for the appropriate help including contacting your nominated contacts or emergency services to attend.

Why chose Lifeline?

- 24-hour support when you need it
- Gives you the confidence to live independently
- Contact every twelve months to make sure everything is ok with your lifeline unit and check your details are up to date
- Flexibility, no minimum contract length
- Convenient monthly or annual payments
- Service provided by professional, friendly staff
- Industry accredited UK based Control Centre

How much does it cost?

Lifeline costs only **£3.93** a week and payments can be by regular direct debit.

This weekly fee includes:

- Lifeline unit and pendant or wristband
- 24 hour UK-based monitoring
- Installation by our dedicated Lifeline Co-ordinator



For more information, please call 0115 917 3358 or email lifeline@broxtowe.gov.uk

GIVING YOU A
Lifeline



Council Tax Useful Information

Where does your Council Tax go?

Council Tax is set annually and the money you pay is used to fund local services. Around 8% of your Council Tax goes towards funding services provided by Broxtowe Borough Council. The rest goes to Nottinghamshire County Council, Nottinghamshire Police, Nottinghamshire Fire and Rescue and your Parish Council.

We collect Council Tax for all of these organisations but each is responsible for deciding its own rates. Based on a Band D equivalent:

£1,644.09 goes to Nottinghamshire County Council

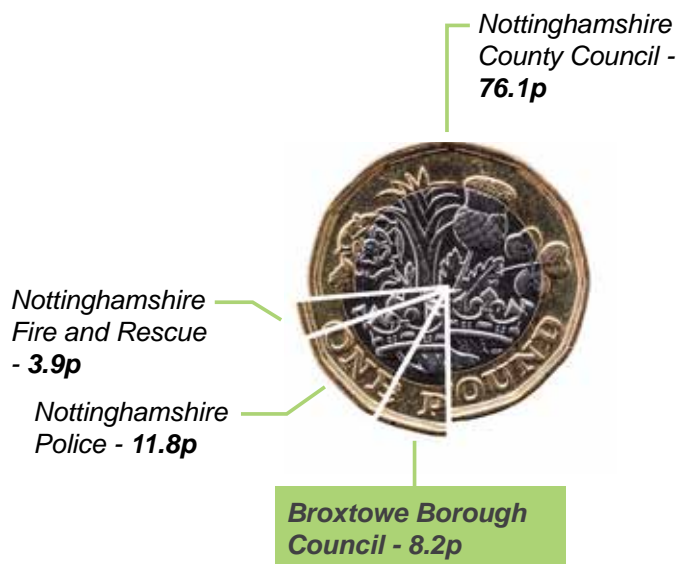
£254.25 goes to Nottinghamshire Police

£176.85 goes to Broxtowe Borough Council

£84.57 goes to Nottinghamshire Fire and Rescue

Parish precepts vary between each Parish

Please note this is based on your 2022/23 Council Tax



How to pay

Council Tax is usually paid over 10 months but you can request to pay over 12 months. Please contact us to discuss.

You can pay your Council Tax in the following ways:

- The easiest way to pay your Council Tax is by direct debit. You can do this by downloading a Direct Debit Mandate from our website at www.broxtowe.gov.uk/paycounciltax or by contacting Customer Services on 0115 917 7777 and setting it up over the phone.
- Pay online at www.broxtowe.gov.uk/payments
- Pay over the phone on our 24-hour automated payment line on 0845 835 0144

If you are unable to pay using one of these methods, please get in touch with us.

How Broxtowe's element is spent

The money we collect is spent on services like:

- Refuse collection and recycling
- Housing
- Housing and council tax support
- Parks and open spaces
- Public health and food hygiene
- Community safety
- Economic development
- Street cleansing

The Budget Challenge

Broxtowe Borough Council is still facing a huge financial challenge. The increasing demand for services, rising costs and reduction in government funding are the main contributory factors impacting upon the ability to balance the budget. The Government has phased out the Revenue Support Grant it provides to the Council altogether, so we need to make some difficult decisions about where we spend and save your money.



People with disabilities

If you, or someone who lives with you, need a room, or an extra bedroom or kitchen, or extra space in your property to meet special needs arising from a disability, you may be entitled to a reduced Council Tax bill. Visit the website or call us to find out more.

Change of circumstances

Where a discount, reduction or exemption has been granted and your circumstances change – which may affect your liability or entitlement to a discount, reduction or exemption – you must inform us immediately.

You should also notify us of a change of address using our online form at

www.broxtowe.gov.uk/changeofaddress

Help with paying

If you are on a low income you may be able to get help towards paying your Council Tax. The amount of support you could receive depends upon your personal circumstances. The Benefits Calculator can help you work out what benefits you can claim at **www.gov.uk/benefits-calculators**.

To make a claim, complete the online form at **www.broxtowe.gov.uk/benefitsclaim**

If you are struggling to pay your bills or have run up debts do get advice early. Citizens Advice can provide free, confidential and independent advice.



Exemptions and Discounts

There are a number of categories of dwelling for which no Council Tax is payable such as homes that are fully occupied by students.

You may also qualify for a discount on your Council Tax such as sole occupier discount or students. A full list can be found on our website at **www.broxtowe.gov.uk/discountsandexemptions** .

Appeals

You may appeal against being held liable to pay Council Tax by writing to the Council. Please note you are not entitled to withhold payment pending an appeal being heard.

If you would like to appeal the valuation of your property, you need to contact the Valuation Office. More information is available at

www.gov.uk/council-tax-appeals

National Fraud Initiative

Broxtowe Borough Council is required by law to participate in a National Fraud Initiative data matching exercise. Information held by the Council for Council Tax administration purposes will be used for comparison with other Councils and systems to aid the prevention and detection of fraud and error.





Safer Car Parks in Broxtowe



Local Policing

Did you know that Broxtowe Neighbourhood Policing team posts regular updates on the Nottinghamshire Police website about the latest issues affecting the Borough? Visit www.nottinghamshire.police.uk/neighbourhoods and search your postcode to view them and other local policing information.

IMPORTANT CONTACTS

To find out about crime in Broxtowe check out the Neighbourhood Alert System at www.nottswatch.co.uk

or visit the Nottinghamshire Police website at www.nottinghamshire.police.uk

In an emergency or to report a crime in progress contact the police on **999**.

To report information and suspicious activity contact the non-emergency Nottinghamshire Police number **101**.

To report crime anonymously contact Crimestoppers on **0800 555 111**



The safer parking scheme is an initiative of the Association of Chief Police Officers aimed at reducing crime and the fear of crime in parking facilities. Safer parking status, Park Mark, is awarded to parking facilities that have met the requirements of a risk assessment conducted by the police.

These requirements mean the parking operator has put in place measures that help to deter criminal activity and anti-social behaviour, thereby doing everything they can to prevent crime and reduce the fear of crime in their parking facility.

Customers using a Park Mark Safer Parking facility can be assured that the area has been vetted by the Police and has measures in place to create a safe environment.

Broxtowe Borough Council currently has 15 Park Mark Car Parks

BEESTON

- Chilwell Road Car Park
- City Road Car Park
- Devonshire Avenue Car Park
- Foster Avenue Car Park
- Portland Street Car Park
- Station Road Car Park
- Technology Drive Car Park
- Wilmot Lane Car Park

KIMBERLEY

- Victoria Street Car Park

EASTWOOD

- Oxford Street Car Park
- Sun Inn Car Park
- Scargill Walk Car Park
- King Street Car Park

STAPLEFORD

- Cliffe Hill Avenue Car Park
- Halls Road Car Park

Work continues towards adding more

REMEMBER

- Never leave your vehicle insecure Lock/close doors, boot, windows and sunroof.
- Never leave anything on display in your vehicle.
- Remove all valuables form your vehicle If you have to leave items in your vehicle put them out of sight.

www.saferparking.com





Safety improvements at Hickings Lane Recreation Ground, Stapleford

Over the last 9 months Broxtowe Borough Council has been working very closely with Nottinghamshire Police to improve safety for visitors to Hickings Lane Recreation Ground in Stapleford. Following a successful bid to the Police and Crime Commissioner (PCC) in 2021, £25,000 was allocated by the PCC to provide new surveillance cameras, additional lighting and new fencing and gates on the park.

The new surveillance cameras have been installed adjacent to the play-area and skate park and monitor these areas including the pavilion and the multi-use games area. The cameras are panoramic with 360 degree views of the area. Fitted with infra-red vision they produce very high quality images, even when it is dark.

The new floodlights illuminate the play area, skate park and pavilion. They are all on timers so they come on at dusk and go off at midnight.

The final phase of the work was new fencing and gates at the West Cross

Avenue entrance. This is now locked at night and opened again in the morning by residents.

Overall the project has been a huge success and a very good advert for



partnership working. There has been a significant reduction in reports of anti-social behaviour and complaints about youths congregating on the park.



Working together to reduce crime

The South Nottinghamshire Community Safety Partnership continue to work hard to reduce crime across South Nottinghamshire. Measures used to reduce crime include amongst others, high-visibility policing, covert operations, CCTV surveillance and security patrols.

By raising awareness and increasing vigilance we can all help to reduce crime. During the spring and summer months many of us will be enjoying time away from home and spending time in our gardens - here are a few tips to keep you and your property safe when doing so

Before you go on holiday

- Make your home look lived in. Perhaps a trusted person could collect your post, cut your lawn and even park their car on your driveway.
- Avoid discussing forthcoming

holiday plans where strangers may hear details of your absence.

- Lock all doors and windows, if you have a burglar alarm set it!
- ### In your garden
- Keep your shed in good condition, fittings should be bolted through the door and screws concealed, fit a shed alarm.
 - Well positioned external lighting is a good way to deter intruders.
 - Keep tools secure, they could be used to force entry into your home.
 - Chain large items together and consider relocating valuable items to within your home.
 - Mark your valuables with your postcode, house name or number.

Whatever the season there are steps all of us can take to help reduce our chance of becoming victims of crime

At home

- Fit and use good quality locks on doors and windows.
- Keep keys away from windows and doors.
- Remember, if you can get into your home without your keys, so can a burglar.

Your vehicle

- Never leave your vehicle insecure.
- Remove all valuables from your vehicle.

To find out about crime in Broxtowe checkout the Neighbourhood Alert System at www.neighbourhoodalert.co.uk

To see what the Communities team do to tackle crime visit www.broxtowe.gov.uk/for-you/crime-safety-emergencies/crime-and-community-safety.





New Italian restaurant open in Beeston Square

The newest venue in the Beeston Square development has opened its doors to the public.

Located within the multi-million-pound Beeston Square redevelopment, masterminded by Broxtowe Borough Council, the 3,000 sq ft, 150-seater venue has created 45 jobs.

It will join a new, vibrant bar and restaurant scene, with neighbouring venue The Beeston Social – from the team behind city favourites like The Hockley Arts Club and Penny Lane – due to open next month. The Arc Cinema opened in the Square last June.

Italian restaurant Ottimo is the latest offering from the company behind popular Nottingham restaurant Sans Patrie and promises to offer “an authentic array of the finest Italian flavours”. pizza going in to stone pizza oven

With a menu devised by former Masterchef: The

Professionals contestant Keelan Burton, the venue will offer daytime and evening dining. Dishes on offer will include pulled beef cheek croquette, mussels marinara and aubergine caviar bruschetta, and will be changed regularly to reflect what’s in season.

Co-founder Ross Considine said: “We want to combine traditional preparations - such as our stunning stone pizza oven - with local ingredients to create an honest and wholesome Italian experience that takes you on a culinary journey.

“Keelan’s innovative twists and turns create an element of surprise for diners and paired with an array of delicious cocktails and craft beers, Ottimo offers an exciting, contemporary feel to an otherwise traditional menu.”



Grant funding secures healthier future for Stapleford food outlet

A town centre takeaway food business is able to secure its future thanks to a £5,000 grant from the Town Centre Recovery Fund.

Like many businesses, the pandemic was hard for family-owned Sun Shine Fish and Chicken on Derby Road, and the rise in the price of oil and a lack of availability of oil has been a real worry. The marketplace has also changed with more demand from local people for healthier options.

Subaranjani Kapilraj, who has run the business since October 2020, said: “Business has been very slow. Oil has been in short supply and we’ve had to increase our prices to keep the business going. We’ve had to look at other ways

to secure the future of our business.”

The grant will fund a new rotisserie machine that means the business is not solely reliant on oil and Subaranjani can diversify his menu, offering a range of new healthier grilled chicken dishes.

“This grant means we can offer grilled food for the first time, something that isn’t available in Stapleford at the moment, and it’s healthier too, which is something that we know people want,” he added.

Email Me Bulletins

Want to keep up to date with the support on offer to businesses within the borough? Look no further!

Broxtowe Borough Council’s Email Me service for businesses covers everything you need to know, including:

- Commercial Property Updates
- Training and Skills development available to businesses
- Information on Grants and Funding
- General business news in Broxtowe

Sent out weekly, it keeps you up to date with the Broxtowe business community and support available.

Sign up today at www.broxtowe.gov.uk/emailme



Bramcote Crematorium Open Day

Saturday 2nd July 2022 10.00am - 2.00pm

Crematorium employees will be on hand to give guided tours of the crematorium, demonstrating the systems and procedures used during the daily routine of one of the busiest crematoria in the UK.

If you would like to visit us, there is no need to book - just arrive between 10.00am - 2.00pm. There will be tours throughout the day and signs to advise where tours will start. Members of staff will be on hand to help if you require any assistance.

Associated organisations will be supporting the event and light refreshments will be available during the day free of charge.

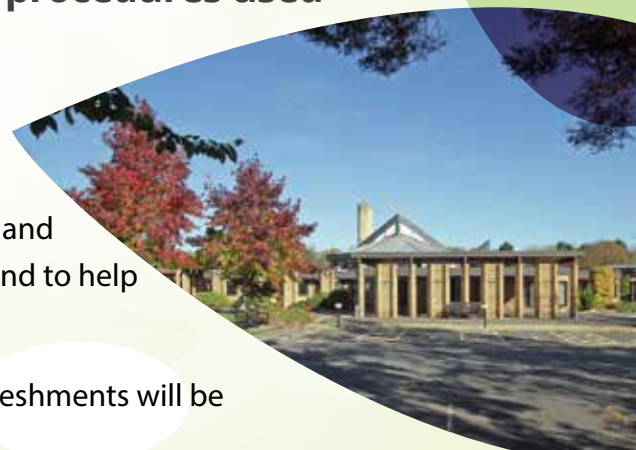
Further details can be obtained from the crematorium office on: 0115 917 3849

Celebrating lives, cherishing memories

Tel 0115 917 3849 • Email cemeteries@broxtowe.gov.uk • Website www.bramcotebereavement.org



BRAMCOTE
BEREAVEMENT SERVICES



BROXTOWE MEDIATION PARTNERSHIP



*Having problems
with your neighbours,
landlord or within
your household?*

The Broxtowe Mediation Partnership is a confidential advice service run by Citizens Advice Broxtowe and Broxtowe Youth Homelessness for Broxtowe residents.

We offer free, impartial, unbiased support to help explore ways to resolve your conflict.

Free Impartial

BROXTOWE
MEDIATION
PARTNERSHIP

How do I access the service?

- ✓ Referrals are preferred by e-mail at mediation@ca-broxtowe.org.uk
- ✓ We can also be contacted by phone on 01773 768363

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Summer 2022 course guide out now!


Inspireculture.org.uk/learning | 01623 677 200 | learning@inspireculture.org.uk

Join us at our virtual **Broxtowe Together** participation event

Date
Thursday
14 July

Time
9.30am - 12.30pm

To sign up and for
details, search **Broxtowe
Together July 2022** on
Eventbrite.

#BroxtoweTogether
 @NottmWestPCN

- Come along and learn more about Nottingham West Primary Care Network - a partnership of local GP Practices and community and voluntary services.
- Have your say about how we work together across organisations and our community to improve life for people living in Broxtowe.
- Share your thoughts on how services are shaped, including caring for people with dementia, health inequalities and how we better engage with local people.
- Meet and discuss the health and wellbeing needs of local people with local health and care leaders.

PERSONALISED CARE AND SUPPORT IN YOUR OWN HOME



CAREMARK
Broxtowe & Erewash
0115 943 6064



'Caring for others is our privilege'



- Support with daily routines
- Personal hygiene and care
 - Light housework
- Shopping and meal preparation
 - Companionship
- Attending appointments

www.caremark.co.uk/locations/broxtowe-and-erewash



Don't let your BBQ end in food poisoning

It is estimated that there are 1,000,000 cases of food poisoning reported in the UK each year, with a rise in summer months. Here are five easy tips for staying safe when cooking on the barbie:

- 1 Wash your hands thoroughly before cooking and eating. Wash your utensils and serving dishes in between use and be careful not to mix dishes which have contained raw food and cooked food.
- 2 Defrost your food in the fridge, NOT at room temperature and ensure it's fully defrosted before cooking. Cool food at room temperature before putting in the fridge but make sure it goes in the fridge within two hours.
- 3 Cook food at the right temperature and for the correct length of time to ensure that any harmful bacteria are killed. Turn meat regularly and move it around the barbecue to cook it evenly.
- 4 When applying a marinade to meat, be careful. Don't baste partially or fully cooked meat with a marinade that has been used on raw meat, as this can lead to cross-contamination.
- 5 Always check that meat juices run clear and that no pink meat is visible when cutting through the thickest part - charred on the outside doesn't mean cooked on the inside!



Literacy Volunteers



Volunteers are needed to help primary school children with their reading and communication skills.

Volunteers read and play word games with selected children on a one-to-one basis, to give them confidence and help them enjoy reading and communicating. Volunteers need to be able to commit to visiting a school on the same morning or afternoon each week (for at least a year). Training and ongoing support is provided. Volunteers should like children, enjoy reading, be patient, flexible and reliable. Volunteers will be vetted through the Disclosure and Barring Service.

If you are interested, please ring 0115 876 5474 or email contact@literacyvolunteers.org.uk



Broxtowe Borough Council

Useful addresses and telephone numbers

COUNCIL SERVICES

Council Offices, Foster Avenue, Beeston, NG9 1AB

Kimberley Depot, Eastwood Road, Kimberley, NG16 2HX

All above offices Tel 0115 917 7777 www.broxtowe.gov.uk

COUNCIL HOUSING REPAIRS

Daytime and out of hours Tel 0115 917 7777

OTHER USEFUL SERVICES, ADDRESSES & TELEPHONE NUMBERS

Citizens Advice Broxtowe
Council Offices

Foster Avenue, Beeston NG9 1AB

Citizens Advice Broxtowe

Library & Information Centre

Wellington Place, Eastwood NG16 3BG

Tel 01773 768 363

www.citizensadvicebroxtowe.org.uk

Nottinghamshire County Council

Tel 0300 500 8080

Age UK

Tel 0800 169 6565

Consumer Direct

Tel 08454 040506

NHS Advice

24 hour Nurse & Health Advice

Tel 111

Eastwood Volunteer Bureau

Wellington Place (rear of Library)

Eastwood, Nottingham NG16 3BG

Tel 01773 535 255

The Helpful Bureau

Carnegie Civic and Community Centre

Warren Avenue, Stapleford, Nottingham

NG9 8EY

Tel 0115 949 1175

Nottinghamshire Police

(Non-emergencies)

Tel 101

Crimestoppers

Tel 0800 555 111

D.H. Lawrence

Birthplace Museum,

8a Victoria Street,

Eastwood, NG16 3AW

Tel 0115 917 3824

Bramcote Leisure Centre

Derby Road, Bramcote, NG9 3GF

Tel 0115 917 3000

Chilwell Olympia Sports Centre

Bye Pass Road, Chilwell, NG9 5HR

Tel 0115 917 3333

Kimberley Leisure Centre

Newdigate Street, Kimberley, NG16 2NJ

Tel 0115 917 3366

www.lleisure.co.uk



Contact your local councillor, all details available at
www.broxtowe.gov.uk/yourcouncillor

संलग्न पुस्तिका को अतिरिक्त किमी रोड कार्ड नॉ डेटाबेस विंग रोड क्लिप वे अ क्लिप करके 0115 9177777 के
सबे रक संलग्न रहे।

如果你需要此傳單用其他的形式或文字寫成，請撥電話 0115 917 7777 與我們
聯絡。

اگر آپ چاہتے ہیں کہ یہ لیفٹ آؤٹ آپ کو اردو زبان میں مہیا کیا جائے
تو براہ مہربانی فون نمبر: 0115 9177777 پر رابطہ کریں۔

If you need this leaflet in other formats or
languages contact us on 0115 917 7777

This document is
available in large
print upon request.

TYPETALK - TEXT DIRECT

Typetalk's purpose is to bring the benefits of the telephone network to deaf, deafblind, deafened, hard of hearing and speech-impaired people.

Managed from a state-of-the-art centre, Typetalk's highly trained operators understand the special requirements of its customers and provide a warm, friendly service in complete confidentiality.

For Broxtowe Borough Council telephone 18001 0115 917 7777.



Follow Broxtowe with social media

Keep up-to-date with the latest Council news, jobs and activities in your area by following Broxtowe Borough Council on your favourite social networking sites or sign up to the email alerts.

www.broxtowe.gov.uk/socialmedia



Broxtowe Borough Council
Foster Avenue, Beeston,
Nottingham, NG9 1AB
Tel 0115 917 7777
www.broxtowe.gov.uk

South Nottinghamshire
Community Safety Partnership
0115 917 3492

Broxtowe Borough Partnership
Tel 0115 917 3492
www.broxtowepartnership.org.uk



www.broxtowe.gov.uk

New healthcare services close to home



Dr Tim Heywood, local GP and Clinical Director of Nottingham West Primary Care Network.

It's an exciting time in primary care with GPs recruiting 40 additional staff to nine new patient-focused roles within just two years. Thousands of patients have already met our specialists in physiotherapy, medicines and pharmacy, diet, care co-ordination, occupational therapy, mental health and wellbeing.

Our new team members work across lots of surgeries and are making a huge difference to the health and wellbeing of our patients.

Your local GPs have been working hard to design new services that are tailored for local residents, families and communities and you'll see even more new services soon.

It's all from special funding from the NHS to provide the right care at the right time, and a new way of working where we share resources across a Primary Care Network (PCN).

What's on offer?

For an appointment, just discuss your needs with Practice staff who will match you with the appropriate clinician.

More about the new roles is in the South Notts area of healthandcarenotts.co.uk

Top tip for summer

"It feels amazing to be outside in the summer. Why not get in the habit of stretching out your arms, legs and neck in the fresh, warm air. A gentle three minutes a day can refresh you and connects your mind and body to make you feel better."

Charlie Akiens, local First Contact Physiotherapist



- 1 in 4 working adults have musculoskeletal dysfunction and pain
- Making up 30% overall GP caseload
- 4,000+ appointments carried out by First Contact Physiotherapists across Broxtowe
- Leading to an estimated 10% reduction on GP workload*

*Stats from local and national sources.

DID YOU KNOW?



Your guide to local health services



SELF CARE

Treat aches and pains, coughs and colds at home – stock up on medicines.



PHARMACY

Visit your local pharmacy for minor injuries, allergies, constipation, headaches, cold and flu symptoms and earache.



YOUR GP PRACTICE

GP practices are open. Talk to your GP, nurse or other healthcare professionals about symptoms that aren't going away.



NHS 111

Think NHS 111, if you need help fast but it's not an emergency think NHS 111. Open 24/7. Call 111 or visit 111.nhs.uk.



URGENT TREATMENT CENTRE

You can visit your local Urgent Treatment Centre for sprains, fractures, minor burns and skin infections.



DENTAL TREATMENT

For urgent dental care please call your local NHS dental practice. For urgent care, advice out-of-hours, call NHS 111.



MENTAL HEALTH CRISIS LINE

If you're worried about your mental health, or experiencing a mental health crisis, call the 24/7 crisis line on 0808 196 3779.

Find out more here: www.nhs.uk

In a medical emergency call 999. This is when someone is seriously ill or injured and their life is at risk.

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Robert Ellis
ESTATE AGENTS

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Sales

Stapleford 0115 949 0044
Beeston 0115 922 0888
Long Eaton 0115 946 1818
Arnold 0115 648 5485

Lettings

0115 949 6740
0115 922 9090
0115 946 6946
0115 648 5485

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